



Behavioral Health Integration (BHI) Implementation Guide

WHY implement BHI? Chronic pain and mental health conditions are deeply intertwined and should be treated together. The WellBrain BHI platform helps streamline treatment planning & monitoring to support better outcomes for patients.

With the WellBrain Platform:

- **ASSESS** patients' mental health using iPad administered assessments.
- **ENGAGE** patients in their treatment plans using the WellBrainGo app.
- **MONITOR** patients' progress with treatment plans using their individualized WellBrain Score.

Patient Eligibility Requirements:

- BHI requires a patient have a behavioral health diagnosis.
- Patients **MUST** have access to a smartphone or iPad.

GETTING STARTED: Provide eligible patients with the WellBrain patient information sheet.

ASSESS

- **Use the WellBrain provided iPad**, login to the WellBrain application to begin the assessment process.
- **SEARCH for patient by last name** (may take a few seconds to search). If patient name is not found, **ADD** a new patient.
- **Select clinical test → Select BHI panel → Select Begin Tests → ASK patient to input email when prompted.**
- **Hand patient the iPad to complete the assessment panel.**

ENGAGE

During initial BHI visit, **CONFIRM** patient has downloaded the WellBrainGo app on their device and they are able to login.

MONITOR

Monitor patients based on the clinic agreed protocol for BHI. SAVE WellBrain reports webpage as a favorite: <https://wellbrain.co/#/reports>

From this website administration page:

- ✓ View /Print/Download Panel Reports
- ✓ Download list of all BHI patients to use for contact list or to submit to billing department.

Billing information:

Care Management for Behavioral Health Conditions (99484)

Care management services for behavioral health conditions, at least 20 minutes of clinical staff time, directed by a physician or other qualified health care professional, **per calendar month**, with the following required elements:

- Initial assessment or follow-up monitoring, including the use of applicable validated rating scales;*
- Behavioral health care planning in relation to behavioral/psychiatric health problems, including revision for patients who are not progressing or whose status changes;
- Facilitating and coordinating treatment such as psychotherapy, pharmacotherapy, counseling and/or psychiatric consultation; and
- Continuity of care with a designated member of the care team.

** **An initiating visit is required for new patients or beneficiaries not seen within one year prior to commencement of BHI services. This visit establishes the beneficiary's relationship with the billing practitioner, and ensures the billing practitioner assesses the beneficiary prior to initiating BHI services. The billing practitioner should document in the initial assessment the clinical staff's responsibilities. Use code 96127 for the initial visit.***